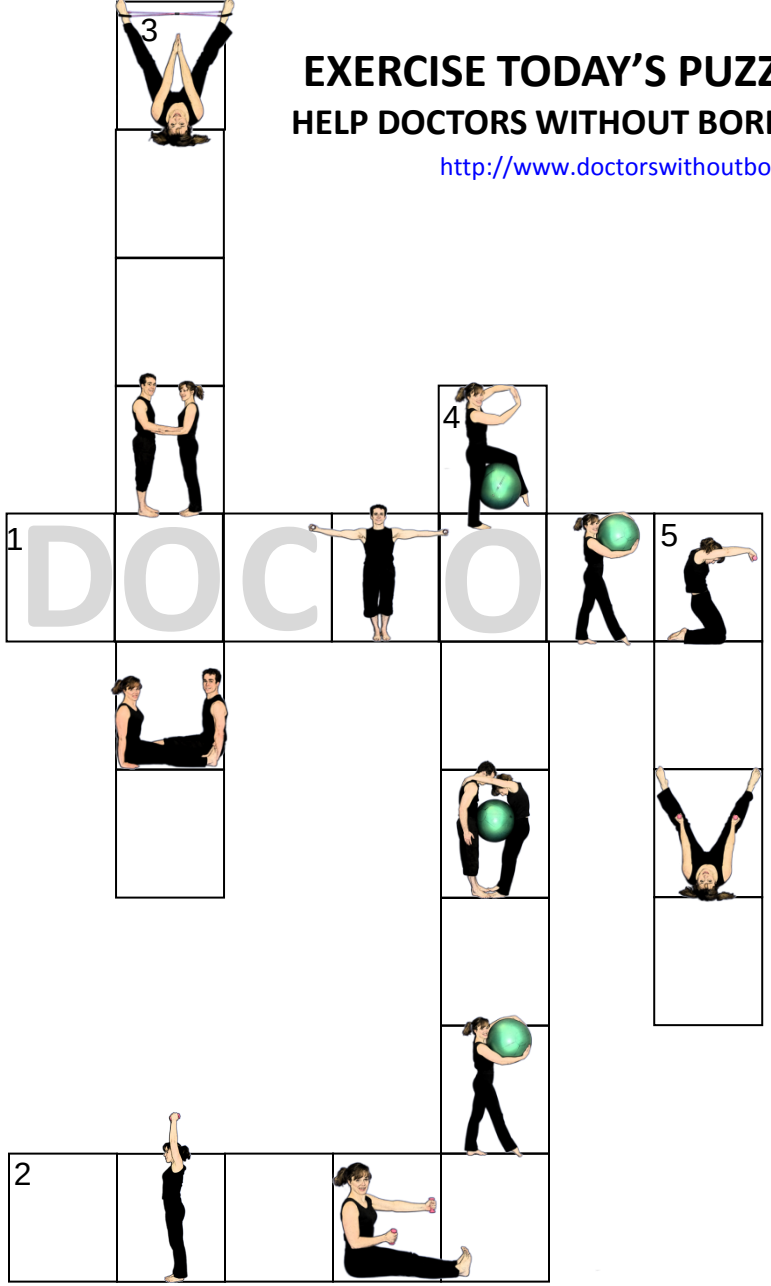
EXERCISE TODAY'S PUZZLE MESSAGE

HELP DOCTORS WITHOUT BORDERS SAVE LIVES*

http://www.doctorswithoutborders.org/



RHYME CLUES

ACROSS

1. Rhymes with BOXERS
2. Rhymes with STRIVES

DOWN

3. Rhymes with ABOUT
4. Rhymes with ORDERS
5. Rhymes with BRAVE

X-WORD PUZZLE INSTRUCTIONS

1. Print out this puzzle page
2. Slowly practice **exercising** all 26 alphabet letters, from A – Z, with your **own body**.
3. Use the **CLUES,** and pencil-in all the puzzle's code words
4. **BONUS**: to add more puzzle play, physically **EXERCISE** each code word with your puzzle friends
5. Send puzzle to your DOCTOR!

PUZZLE CODE:
DOCTORS WITHOUT BORDERS SAVE LIVES

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https://alphabetfitness.wordpress.com/fitness-coach-font/